




The Hero's Journey Plot Analysis

Name

Example	Movie:	In Your Life:
Name of the Hero		
Name of the Assister		
The Hero's Worst Fear		
The Hero's Journey		
Ordinary World (Status Quo)		
		
Call to Adventure		
		
Assistance		
		

Departure



Trials



Approach (Biggest Ordeal - facing worst fear)



Crisis (Darkest Hour)



Treasure



Result



Return



New Life (but hero changed)



Resolution



Status Quo (but at a new level) - back in an Ordinary World

Thoughts